

Please read the following instructions carefully when filling out your student health form.

The completed forms with all attachments should be submitted as soon as possible to ensure your opportunity to resolve any and all issues. Forms from students beginning in the Summer are due by **January 5, 2016**. Failure to complete this requirement by the deadline will prevent your enrollment in coursework.

Your form and copies of your records should be mailed to:

OUHSC College of Nursing Lawton Campus
Attn: Laci Jehl, Room 613
2800 West Gore Boulevard
Lawton, OK 73505

Make a copy of the student health form and all documentation for your personal records!
 Originals will not be returned to the student.



You will not be enrolled in nursing classes if your forms and copies are not submitted by January 5, 2016.



TWO ITEMS THAT MUST BE RENEWED EVERY TWELVE MONTHS:

Item	Immunization	Instructions	Comments
1	Tuberculosis Skin Test (PPD Mantoux)	<p>Attach copies of <u>two</u> negative TB skin tests, administered and read within the last 12 months.</p> <p>If you have tested positive, attach 1) a copy of the positive PPD test, 2) a copy of a current chest x-ray report, and 3) a copy of a current physical examination report completed by a physician indicating that you are cleared for public contact. If you have received preventative therapy, attach a copy of the treatment record. An annual review of symptoms is also acceptable. This documentation must be renewed annually.</p> <p>The TB skin test must be PPD Mantoux. The Tine or Monovac tests are not acceptable.</p>	<p><i>MUST BE RENEWED.</i></p> <p><i>The TB Skin Test documentation expires after one year and must be renewed. It is the student's responsibility to annually update their records with the Office of Student Affairs. This applies to students with either a negative or a positive TB Skin Test.</i></p>
2	<p>Cardiopulmonary Resuscitation (CPR)</p> <p><i>Please note that we do not accept the American Red Cross CPR Training.</i></p>	<p>You must complete one of the following cardiopulmonary resuscitation courses:</p> <p>(1) "Basic Life Support for Healthcare Provider" through the American Heart Association, or</p> <p>(2) ACLS Certification</p> <p>Attach a copy of the front and back of your card to the student health form.</p>	<p><i>MUST BE RENEWED.</i></p> <p><i>CPR Certification will only be considered valid for 12 months after the date of issuance, regardless of the indicated date of expiration. It is the student's responsibility to annually update their records with the Office of Student Affairs.</i></p>

You must renew the following every 12 months:

- TB Skin Tests
- CPR certification

You must submit documentation of all updates to your file. Updates should be given directly to Sandra Wardell. You will not receive a reminder.

If your record expires you will have an enrollment hold placed on your file. The enrollment hold will not be removed until your file is updated. Further, **if your file expires during the clinical rotation you will be removed from the clinical facility.**

WARNING: Missed clinical days may affect your grade.

Item	Immunization	Instructions	Comments
3	Varicella (Chickenpox)	A history of having had chickenpox is not sufficient and will not fulfill the varicella requirement. You must receive either <u>two</u> doses of vaccine at least one month apart or provide a copy of a positive varicella titer (blood test) lab report.	<i>It is recommended that you have the titer done as soon as possible in case your test comes back negative and you need to start the vaccinations.</i>
4	Rubeola * (Measles)	A history of having had the measles is not sufficient and will not fulfill the rubeola requirement. Attach evidence of <u>two</u> MMR vaccinations received after the age of twelve months and at least one month apart, or attach a copy of a positive titer (blood test) lab report.	<i>If you were born before 1957 then you are exempt from the rubeola vaccination. Please write "exempt" on your health form.</i>
5	Mumps *	A history of having had the mumps is not sufficient and will not fulfill the mumps requirement. Attach evidence of <u>two</u> MMR vaccinations received after the age of twelve months and at least one month apart, or attach a copy of a positive titer (blood test) lab report.	<i>If you were born before 1957 then you are exempt from the mumps vaccination. Please write "exempt" on your health form.</i>
6	Rubella * (German Measles)	A history of having had the German measles is not sufficient and will not fulfill the rubella requirement. Attach evidence of <u>two</u> MMR vaccinations received after the age of twelve months and as least one month apart, or attach a copy of a positive titer (blood test) lab report.	<i>If you were born before 1957 then you are exempt from the rubella vaccination. Please write "exempt" on your health form.</i>

*** PROOF OF TWO (2) MMR VACCINATIONS MEETS THE REQUIREMENTS OF ITEMS 4, 5 AND 6.**

7	Hepatitis B	<p>The Hepatitis B series consists of three vaccinations. You need to receive the first dose as soon as possible. The second dose needs to be completed <u>one</u> month after the first and the third dose must be completed <u>six</u> months after the first. The TwinX (combined Hep A and Hep B shot) will meet the requirement.</p> <p>Evidence of at least the first two must be attached before school begins and the third can be completed during the semester.</p> <p>If you have completed the series, attach records of the immunizations or a copy of a positive titer (blood test) lab report as evidence of immunity.</p> <p>The student may also sign a waiver if he/she chooses not to complete the Hepatitis B series.</p>	<p><i>It is recommended that students should begin the first dosage of hepatitis B vaccine upon receipt of the health form in order to complete this series in a timely manner.</i></p> <p><i>You must submit documentation of your last dose to the Office of Student Affairs at the appropriate time. This is the student's responsibility. You will not receive a reminder.</i></p> <p><i>This waiver is available at:</i> http://www.nursing.ouhsc.edu/Curent_Students/documents/HEPBW_AIVER_000.pdf</p>
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8	Tetanus and Diphtheria	<p>Option 1: Attach evidence of three childhood Diphtheria-Pertussis-Tetanus (DPT) and one adult Tetanus-Diphtheria (Td) within the last ten years.</p> <p>Option 2: If you cannot provide documentation of your childhood DPT series then you may sign a waiver stating that you cannot locate your DPT records but you <u>must</u> still provide documentation of the one adult Td within the last ten years.</p> <p>Option 3: Attach evidence of having two adult Td's with at least one being within the last ten years.</p>	<p><i>Tetanus waivers may be obtained online at:</i> http://www.nursing.ouhsc.edu/Curent_Students/documents/Tetanus_Waiver_000.pdf</p>
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A HISTORY OF HAVING HAD THE DISEASE WILL NOT MEET ANY OF THE ABOVE REQUIREMENTS

FAQs

1. I had the chickenpox as a kid. Do I still have to get the shots?
2. I don't have all of my shots. Where can I go?
3. Does my Doctor have to sign the form?
4. When do I have to renew my TB Skin Test and CPR card?
5. What type of documentation is acceptable?
6. I never got my third Hepatitis B shot. What do I do now?
7. What happens if my immunizations expire?
8. Can requirements be different for some clinical agencies?

1. I had the chickenpox as a kid. Do I still have to get the shots?

A history of having a disease does not guarantee your immunity. Before you can be placed in the clinical setting you must show documentation of current immunity. This is for your protection – and the protection of your patients. Your immunity can be determined by either:

- Receiving the shot series
- Having a positive titer (lab report)

This is the only documentation we can accept to complete any of the requirements.

2. I don't have all of my shots. Where can I go?

Listed below is information on places to take your CPR course and locations to get your immunizations/tests. You may choose to use these facilities or you may choose a place of your own. It is recommended that you **call and confirm** current availability and cost of classes and immunizations and schedule appointments, as necessary, as soon as possible.

CPR COURSES

HEALTHCARE PROVIDER COURSE - American Heart Association

Comanche County Memorial Hospital	http://ccmhonline.com/events
Southwestern Medical Center	http://www.southwesternmedcenter.com/calendar/
Duncan Regional Hospital	http://duncanregional.com
OU College of Nursing Lawton	Laci-Jehl@ouhsc.edu

IMMUNIZATIONS / TESTS

Comanche County Health Department Physical Address: 1010 South Sheridan, Lawton, OK 73501 Mailing Address: P.O. Box 87, Lawton, OK 73502	(580) 248-5890
Stephens County Health Department 1401 W Bois D Arcade Avenue Duncan, OK 73533-4899	(580) 252-0270
Allied Laboratory 5243 NW Cache Rd, Lawton, OK	(580) 248-9679
DLO 1401 SW Parkridge Blvd Ste C Lawton, OK, 73505	(580) 248-7900
Urgent Med 2004 N. Hwy 81 Duncan, OK 73533	(580) 252-1911

3. Does my Doctor have to sign the form?

No. Your doctor may sign the form only if you can not provide documentation for one of the vaccinations. Your doctor can not sign in lieu of documentation for all of the vaccinations – only one. Your doctor can not sign in lieu of a lab report. If you have all your documentation then you do not need to have your doctor sign the form.

4. When do I have to renew my TB Skin Test and CPR card?

Every 12 months.

5. What type of documentation is acceptable?

TB Skin Test: Copy of card or computer printout showing:
1) date administered
2) date read
3) results

Positive Skin Test: Must contain the following:
1) copy of positive skin test results (original test), and
2) copy of x-ray report (not the x-ray!), and
3) clearance for public contact report or annual review of symptoms questionnaire

CPR: Copy of your American Heart Association card, as received within the last 12 months

Shots:
1) copy of shot record on an immunization card, or
2) copy of your patient file, or
3) some computer print outs acceptable
[must show exact vaccination administered, date administered, and have a clinical signature or be on clinical agency letterhead]

Titer: Must contain the following information:
1) Date test sample taken
2) Test results
3) Reference range used to determine immunity
[must submit the lab report, must have a clinical signature or be on clinical agency letterhead]

6. I never got my third Hepatitis B shot. What do I do now?

Current CDC guidelines do not require that you restart the entire series. The CDC currently prescribes that you should start the series where you left off. You will have to show documentation of your first round of shots followed by the shots received now. Alternatively, you can have a titer drawn or sign the Hepatitis B waiver

7. What happens if my immunizations expire?

You will be placed on hold for:

- Enrollment
- Clinical Participation

What does this mean?

- You will not be enrolled in any additional coursework until your immunizations are updated. (This can affect your financial aid and cause late fees or missed classes)
- You will be removed from the clinical facility if your immunizations expire during the rotation.
- You will not be allowed back into the clinical facility until you update your records with the College.
- Your grade may be affected if you miss class or clinical days.

8. Can requirements be different for some clinical agencies?

Yes. Depending on the facility in which you are placed to complete your clinical objectives, you may have to complete additional immunization or background check requirements. The requirements are set by the clinical agency and not the University of Oklahoma College of Nursing. For example, students assigned to clinical rotations at Norman Regional Hospital may have to submit additional TB Skin Tests or an early copy of their OSBI Background Check.