Student Health Form Checklist

Students must upload items below to: OUHSC Student Self-Service.

- Copies of vaccination records, and titers, etc. must be uploaded to the IMMUNIZATION RECORDS tab.
- Instructions for saving files for uploads:
  - Save documents with a file name that identifies the document (i.e. TB #1, Varicella titer, shot record, etc.)
  - If multiple vaccinations are on one record, upload only once to the Immunization Records tab.
  - Records that contain multiple pages should be uploaded as one document. If you are unable to do this, please number each page of the upload and place them in order in the file.
  - Copies must be legible.
- Dates must be entered for each requirement; however the date alone is not sufficient. An actual copy of the record must be submitted.
- History of having the disease will not fulfill any of the requirements.
- If a student has a documented allergy to any of the vaccine requirements, documentation from a medical provider must be uploaded.
- Students completing clinical rotations may need to meet additional requirements as provided by the clinical agency.
- All submitted copies become the property of the University of Oklahoma. No records will be copied at a future date for student use. Any requests to view the records submitted by the student must be directed to the Office of Admissions & Records and may take 45 days to process.

1. **Tuberculin PPD Mantoux Skin Test** – TB documentation may be met by one of the options below. Annual renewal required.
   - a. Evidence of two negative tuberculin PPD tests (skin tests) within the last 12 months, OR
   - b. Evidence of a negative TB titer (blood test) (QuantiFERON-TB or T-Spot) within the last 12 months, OR
   - c. Evidence of a positive tuberculin PPD (Mantoux) test
     - i. Submit a copy of a follow-up negative chest x-ray report (must be repeated every 2 years) AND
     - ii. A copy of a medical clearance for contact with public (must be updated every 12 months in lieu of annual TB)

   Upload to the appropriate TB option:
   - TB #1 and TB #2
   - TB Titer
   - Chest x-ray and Medical Clearance Letter

2. **Cardiopulmonary Resuscitation Certification** - American Heart Association only
   - Minimum required training is Basic Life Support (BLS)
   - Annual renewal required for Traditional and ABSN students even though the card is valid for two years.
   - Upload a copy of your card. If you have an actual card, please submit copies of both the front and back.

   Upload to:
   - AHA CPR

3. **Varicella** (chickenpox) – Having had chickenpox does NOT exempt you from this particular requirement.
   - a. Two varicella vaccinations OR
   - b. A copy of a positive varicella titer (blood test)

   Upload either item to:
   - Immunization Records

4. **Rubeola**
   - a. Evidence of two MMR vaccinations OR
   - b. A copy of a positive rubeola titer (blood test)

   Upload either item to:
   - Immunization Records

5. **Mumps**
   - a. Evidence of two MMR vaccinations OR
   - b. A copy of a positive mumps titer (blood test)

   Upload either item to:
   - Immunization Records
6. Rubella
   a. Evidence of two MMR vaccinations OR
   b. A copy of a positive rubella titer (blood test)

7. Hepatitis B – Hep B may be met by one of the options below.
   a. Evidence of three hepatitis B immunizations. Sequencing of the Hep B is over a 7 month period. The 2nd Shot is given 1 month after the first; then, the 3rd is 6 months later. Two must be completed before enrollment. And the third can be completed during the semester. OR
   b. A copy of a positive hepatitis B titer (blood test) OR
   c. Completed official waiver obtained from College of Nursing.

   NOTE: Students are strongly urged to complete this life-saving immunization.

8. Tetanus, Diphtheria, Pertussis (Tdap)
   a. Evidence of one Tetanus-Diphtheria-Pertussis (Tdap) within the last ten years.
   b. If Tdap is more than ten years old, evidence of one Tetanus (TD) within the last ten years.

   PLEASE NOTE: Tetanus alone, childhood DPT, or DTap cannot be used in lieu of Tdap.

9. Influenza (flu) – annual requirement
   During the Fall semester of each year, students will need to upload documentation for the CURRENT year’s influenza vaccination. The season runs from September through March. Students entering in the Spring semester are the only ones required to submit influenza documentation upon entering the program.

Upload either item to:
- Immunization Records

Upload to the appropriate Hep B options:
- Immunization Records
- Hep B Waiver

Upload either item to:
- Immunization Records

Upload item to:
- Flu Sot